



Realistic Medicine

– Hvad kan vi lære i Danmark?

TIRSDAG 28. JANUAR 2020 I REGIONERNES HUS, DAMPFÆRGEVEJ 22, 2100 KØBENHAVN Ø

MODERATOR INGE KRISTENSEN, CEO THE DANISH SOCIETY FOR PATIENT SAFETY

9.00 – 09.30

Registration, tea, coffee and a bite of bread

9.30

Welcome - Motivation for the programme
- and presenting the moderator

Andreas Rudkjøbing, Chair, Danish Medical Organisation, and Vice Chairman for the Board of Directors, The Danish Society for Patient Safety

09.40

An overview of the Danish National Quality Program and the work on patient involvement, medicine and personalized medicine and patient safety in Denmark

Erik Jylling, Executive Vice President, Danish Regions

10.00

Realistic Medicine – How Scotland reshaped its approach to care

Gregor Smith, Deputy Chief Medical Officer for Scotland, Scottish Government

In his presentation Dr Gregor Smith will talk about how Scotland has pursued the principles of Realistic Medicine, evolving the concept from firstly a conversation, to a social movement and now to national programme work. Realistic Medicine aims to create stronger and more equal relationships between those who provide and those who receive care, and to identify harm and waste so that resources can be redistributed to provide higher value care. Gregor will outline the steps taken at national level in order to create the conditions for the six dimensions of Realistic Medicine to flourish across the Scottish health and social care system.

10.45

Break

11.00

Realistic medicine – Moving from National Aspiration to Local Reality

Shobhan Thakore, Associate Medical Director, Quality Management, NHS Tayside, Scotland

In his presentation Shobhan Thakore will talk about how Realistic medicine is being turned from a national policy into local reality. That is, how do you meet the challenge of engaging all clinicians as well as the public?

11.45

Questions from the floor to Gregor Smith and Shobhan Thakore and thoughts about what we have heard from our Scottish colleagues

12.00

How does Realistic Medicine fit into a Danish context?
- Do we need new projects?

Søren Brostrøm, Director General of the Danish Health Authority

12.30

Lunch

13.15

Are we properly realistic in Primary Health Care in Denmark?

Chair of the Danish College of General Practitioners, Anders Beich

In his presentation Anders Beich will talk about how evidence is important in making decisions about the care of the individual patient. But the doctor's clinical expertise and the values and preferences of the patient are very important elements in evidence-based practice. Realistic Medicine provides a possible way to get back on track for family medicine decision making, away from Guideline Based Medicine, controlling, defensive actions, waste and harm in health care.

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13.30

“Vælg klogt”

Anne Kaltoft, CEO Danish Heart Foundation and chairman of “Vælg klogt” - The Danish Choosing Wisely Project

In her presentation Anne Kaltoft will talk about The Danish Choosing Wisely Project. How is it connected to Realistic Medicine, and how is the international Choosing Wisely project being implemented under Danish conditions.

13.45

Vi behandler patienter – ikke retningslinjer

Lægelig direktør, Sygehus Lillebælt,
Mads Koch Hansen

I sit oplæg præsenterer Mads Koch Hansen Sygehus Lillebælts tilgang til, hvad fælles beslutningstagning er, og ikke mindst hvad det betyder for patienterne.

14.05

Klar til samtalen-projektet - Patientinddragelse og reduktion af overbehandling

Overlæge Ove Gaardboe, Dansk Selskab for Patientsikkerhed

I sit oplæg præsenterer Ove Gaardboe eksempler på overbehandling af døende patienter, men også eksempler på, hvordan man i kommuner og på sygehuse har iværksat initiativer, der øger borgeres og patienters indflydelse på deres egen behandling og samtidig reducerer overbehandling.

14.25

Kaffe, the og lidt sødt

14.40

Projekt RETTE medicin

Praktiserende læge Peter Gaardbo, Frederikshavn

I sit oplæg præsenterer Peter Gaardbo struktur og præliminære data omkring et ganske nyt projekt, der laves i et samarbejde mellem Frederikshavns Kommune og Lægeklinikken Frederikshavn. Projektet er fokuseret på RETTE polyfarmaci og kommunikation i tre indsatser:

Overgange i forhold til plejecenterpopulationen.
Kommunikation ved risikosituationer og risikolægemidler.
Polyfarmaci i praksispopulationen.

15.00

Hvad tager vi med os fra dagen?

Erik Jylling og Inge Kristensen

Herunder debat mellem deltagerne

15.30

Afsluttende bemærkninger og tak for i dag,

Karin Friis Bach, Formand for bestyrelsen, Dansk Selskab for Patientsikkerhed, og Formand for Sundhedsudvalget, Danske Regioner

