

# Experiences with web-based electronic system for collecting patient-reported data in oncology practice

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Professor/ Consultant in Medical Oncology

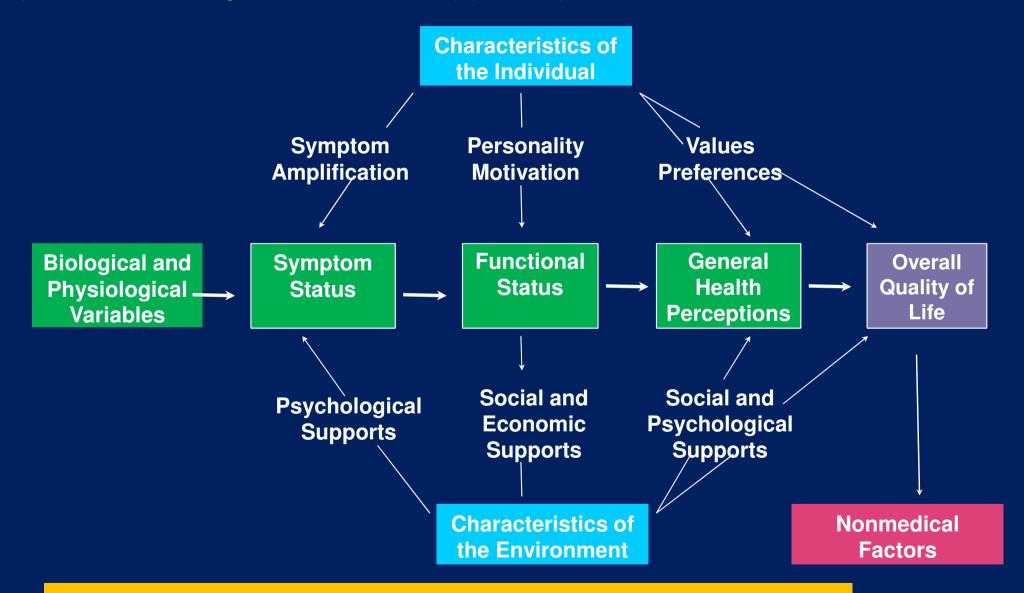
Section of Patient-Centred Outcomes Research Leeds Institute of Cancer and Pathology University of Leeds St James's Institute of Oncology Leeds, UK



## Outline

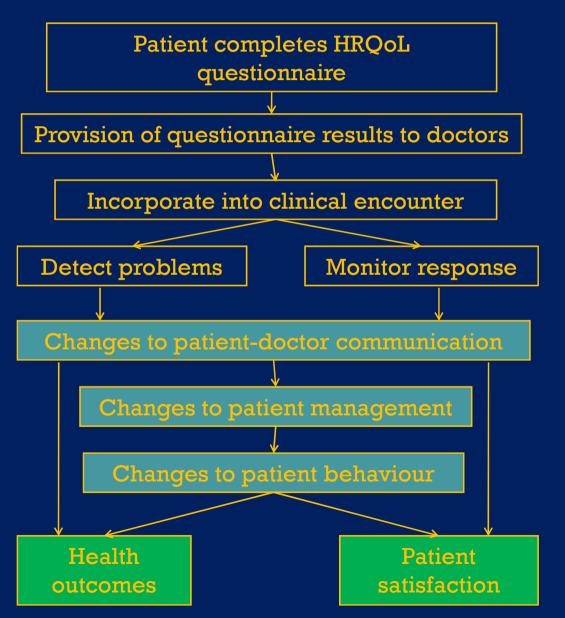
- Definitions and theoretical models of Patient-Reported Outcomes (PROs) in patient care
- The evidence Systematic reviews
- Experience in Leeds, UK
  - RCT of HRQOL in oncology practice
  - Engaging and motivating clinicians
  - Monitoring of side-effects
  - Holistic needs assessment
- Implementation

## HRQOL conceptual model and Patient-Reported Outcomes (Wilson and Cleary, JAMA 1995; 273(1): 59-65)



Assessment of symptoms/functioning in clinical practice Patient-centred models of care

# Theoretical model of impact of HRQOL measurement in daily practice (Greenhalgh 2005 modified)



Questionnaire

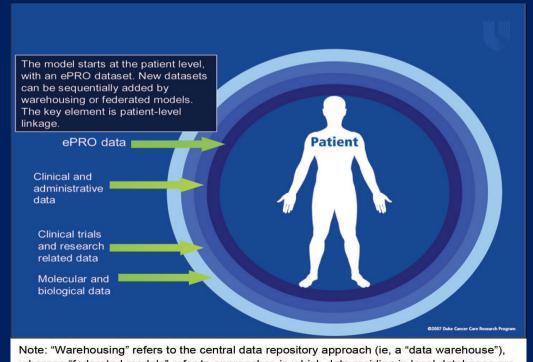
Presentation of results

Training of clinicians to incorporate PROs into discussion

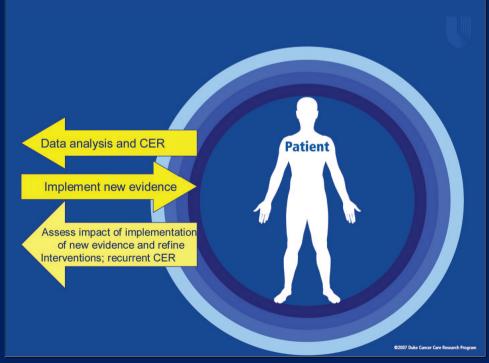
The health care environment

# Rapid learning healthcare model (Abernethy A, 2003)

- Integration of ePROs into clinical care
- By patient-level linkage of clinical and administrative databases



Note: "Warehousing" refers to the central data repository approach (ie, a "data warehouse"), whereas "federated models" refer to approaches in which data residing in local databases are linked to one another through various means.



## Outline

- Definitions and theoretical models of Patient-Reported Outcomes (PROs) in patient care
- The evidence Systematic reviews
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## The Evidence - Systematic reviews

Authors	Number of trials	Setting	Process of care communicati on	Patient outcomes	Satisfaction with care
Greenhalgh 1999	13	Primary care	+ 8/11 <b>(73%)</b>	+ 2/7 ( <b>29%)</b>	+ 0/3 ( <b>0%</b> )
Espallargues 2000	21	Primary care	+ 11/20 <b>(55%)</b>	+ 4/11 (36%)	+ 3/7 <b>(43%)</b>
Gilbody 2002	9**	Primary care	+ 2/8** ( <b>25%</b> )	+ 2/5** <b>(40%)</b>	NA
Marshall 2006	38*	PC/cancer/ chronic d.	+17/30 <b>(57%)</b>	+ 5/18 <b>(28%)</b>	+ 3/12 <b>(25%)</b>
Valderas 2008	28	Primary care	+ 15/23 <b>(65%)</b>	+ 8/17 <b>(47%)</b>	+ 5/12 <b>(42%)</b>

## Studies in oncology – RCT only

Authors	Patient No	Process of care-communi-cation	Decision- making	Patient well- being	Satisfaction with care
McLachlan 2001	N=450	NA		(+ psychol)	
Detmar 2002	N=214	+		(+ psychol)	
Velikova 2004	N=286	+		+	
Rosenbloom 2007	N=213 nurses	-/+			
Berry 2011	N=660	+	NA	NA	NA
Calrson 2010	N=585 N=549	+		+ Distress	NA
Basch 2015	N=766	NA	Less ER visits	+ (+ survival)	NA

## Outline

- Definitions and theoretical models of Patient-Reported Outcomes (PROs) in patient care
- The evidence Systematic reviews
- Experience in Leeds, UK -20 years
  - RCT of HRQOL in oncology practice
  - Engaging and motivating clinicians
  - Monitoring of side-effects
  - Holistic needs assessment
- Implementation



### Measuring Quality of Life in Routine Oncology Practice Improves Communication and Patient Well-Being: A Randomized Controlled Trial

Galina Velikova, Laura Booth, Adam B. Smith, Paul M. Brown, Pamela Lynch, Julia M. Brown, and Peter J. Selby

From the Cancer Research UK Clinical Centre-Leeds, Cancer Medicine Research Unit, St James's University Hospital; and Northern and Yorkshire Clinical Trials and Research Unit, Leeds, United Kingdom.

Submitted June 18, 2003; accepted December 5, 2003.

Supported by grants from Cancer Research UK (formerly Imperial Cancer

#### ABSTRACT

#### Purpose

To examine the effects on process of care and patient well-being, of the regular collection and use of health-related quality-of-life (HRQL) data in oncology practice.

#### Patients and Methods

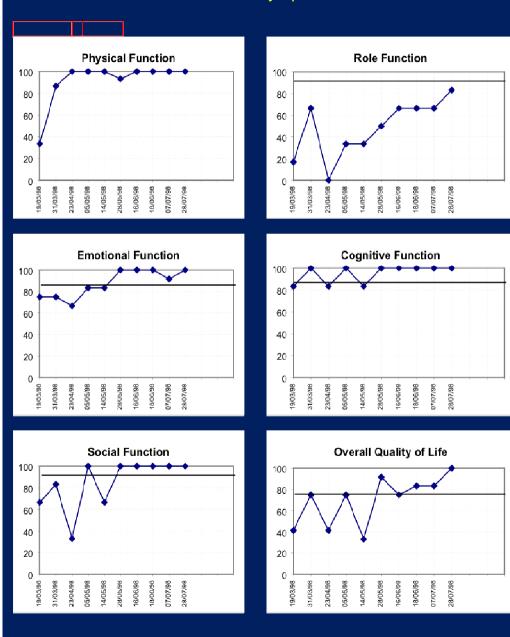
In a prospective study with repeated measures involving 28 oncologists, 286 cancer patients were randomly assigned to either the intervention group (regular completion of European Organization for Research and Treatment of Cancer-Core Quality of Life Questionnaire version 3.0, and Hospital Anxiety

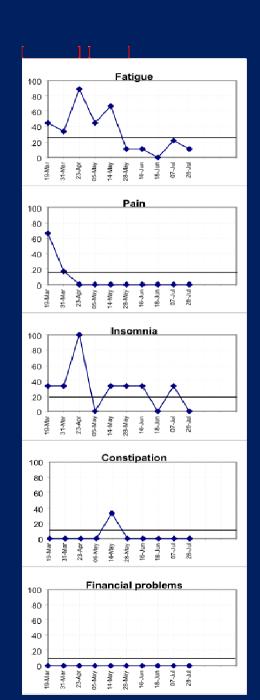
Velikova et al. J Clin Oncol 2004; 22, 714-724

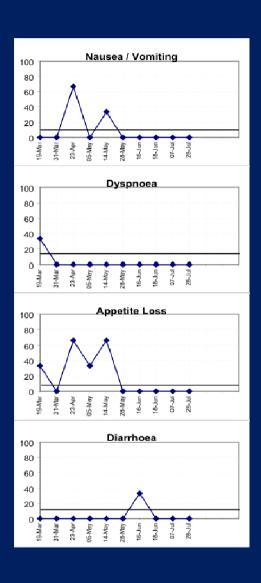
## **EORTC QLQ-C30** Functional Scales

### **EORTC QLQ-C30**Symptom Scales

Higher score means better function Lower score means less symptoms

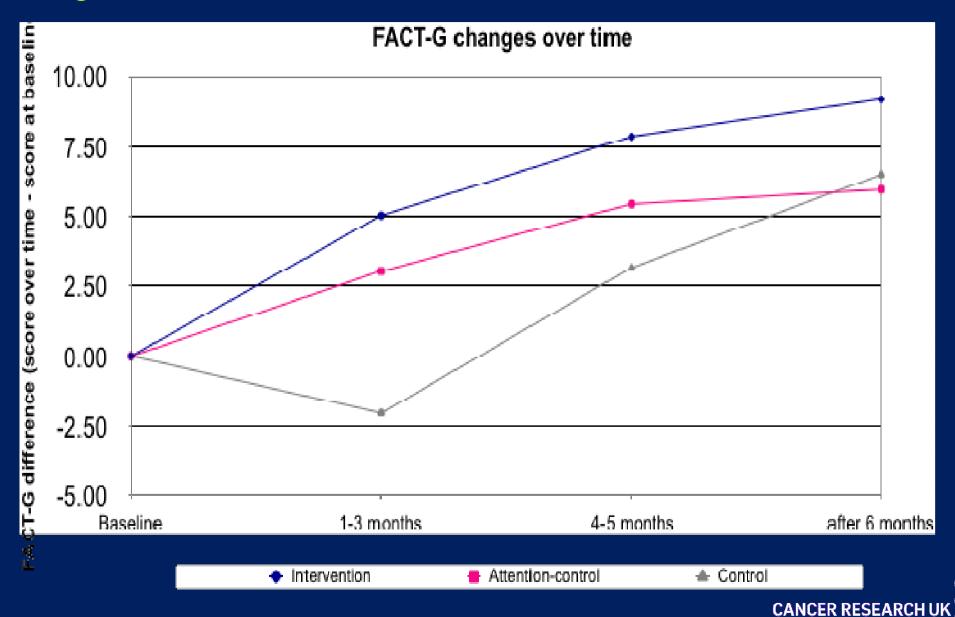






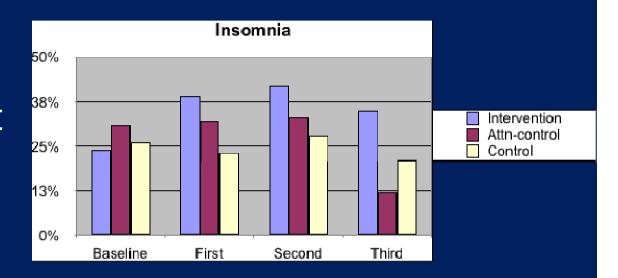
Mean values for general population

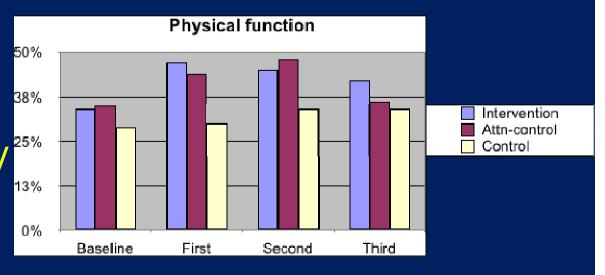
## Results - Patient well-being Changes in FACT-G scores over time



#### Results- Process of care measures- Communication

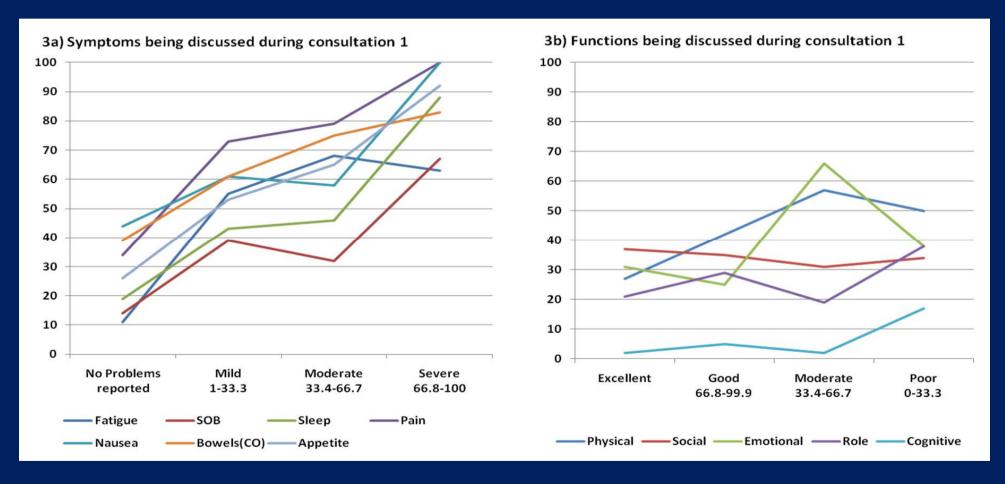
- Content analysis of n=860 consultations
- Providing QOL data lead to more consistent discussion of
  - Insomnia (p=0.003)
  - Dyspnoea (p=0.03)Physical function (p=0.006)
  - Emotional function (p=0.03)
- Symptoms were usually raised by the doctor
- Functions by patients





# Oncologists discuss physical symptoms, but often do not address even serious functional problems (content analysis of 860 consultations)

(Takeuchi et al., 2011,  $\mathsf{JCO}$ 



## How to increase the impact?

## Outline

- Definitions and theoretical models of Patient-Reported Outcomes (PROs) in patient care
- The evidence Systematic reviews
- Experience in Leeds, UK
  - RCT of HRQOL in oncology practice
  - Engaging and motivating clinicians
  - Monitoring of side-effects
  - Holistic needs assessment
- Implementation



## Training clinicians in how to use patient-reported outcome measures in routine clinical practice

Maria J. Santana · Lotte Haverman ·
Kate Absolom · Elena Takeuchi · David Feeny ·
Martha Grootenhuis · Galina Velikova

Accepted: 17 December 2014/Published online: 15 January 2015 © Springer International Publishing Switzerland 2015

#### Abstract

Introduction Patient-reported outcome measures (PROs) were originally developed for comparing groups of people in clinical trials and population studies, and the results

daily practice to identify/monitor symptoms, evaluate treatment outcomes and support shared decision-making. A key issue limiting successful implementation is clinicians' lack of knowledge on how to effectively utilize PROs data







# Theoretical framework for implementing changes in medical practice (R. Grol 1997 BMJ)

- A combination of approaches
- Education adult learning
- Evidence base
- Marketing (needs of target audience)
- Behavioral (feedback and performance)
- Social interactions (opinion leaders)
- Organizational change







## **Training session**

- The structure and content of the training session was based on:
  - Feedback received from oncologists during previous PROs studies
  - National communication skills program for oncologists- experiential learning
    - Role play
    - "Trigger tapes"







## Qualitative studies

- Conversation analysis of consultations (with J Greenhalgh)
- **Explicit referral to PROs** results is important

Qual Life Res (2013) 22:939-950 DOI 10.1007/s11136-012-0218-3

How do doctors refer to patient-reported outcome measures (PROMS) in oncology consultations?

Joanne Greenhalgh · Purva Abhyankar · Serena McCluskey · Elena Takeuchi · Galina Velikova

Accepted: 23 May 2012/Published online: 16 June 2012 C Springer Science+Business Media B.V. 2012

Purpose We conducted a secondary qualitative analysis of consultations between oncologists and their patients to explore how patient-reported outcome measures (PROMs) data were referred to in the process of (1) eliciting and exploring patients' concerns; (2) making decisions about supportive treatment and (3) making decisions about chemotherapy and other systemic treatments.

onsultations from the intervention arm and 4 from the

Findings Explicit reference to the PROMs data provided an opportunity for the patient to clarify and further elaborate on the side effects of chemotherapy. High scores on the PROMs data were not explored further if the patient indicated they were not a problem or were not related to the cancer or chemotherapy. Symptomatic treatment was more often offered for problems like nausea, constipation, pain and depression but much less so for fatigue. Doctors Methods We purposively sampled audio recordings of 18 discussed fatigue by providing a cause for the fatigue (e.g. the chemotherapy), presenting this as 'something to be

- Interviews with oncology staff
- Requested more
  - Training in interpretation and use of PROs data
  - Tumour specific questions

Psycho-Oncology

Psycho-Oncology 17: 690-698 (2008)

Published online 21 November 2007 in Wiley InterScience (www.interscience.wiley.com). DOI: 10.1002/pon.1295

The clinical value of quality of life assessment in oncology practice—a qualitative study of patient and physician views

Galina Velikova<sup>1</sup>\*†, Noha Awad<sup>1</sup>, Rebecca Coles-Gale<sup>1</sup>, E. Penny Wright<sup>1</sup>, Julia M. Brown<sup>2§</sup> and Peter I. Selby<sup>1§</sup> <sup>1</sup> Cancer Research UK Clinical Centre—Leeds, Cancer Medicine Research Unit, St. James's University Hospital, Leeds, UK <sup>2</sup> Clinical Trials and Research Unit, University of Leeds, Leeds, UK

\*Correspondence to: Cancer Research UK Clinical Centre-Leeds. St James's University Hospital, Beckett Street, Leeds LS9 7TF, UK E-mail: g.velikova@eeds.ac.uk †Presented in part as a poster at the 7th World Congress of Psycho-Oncology, 25th-28th August 2004, Copenhagen, Denmark. <sup>‡</sup>Cancer Research UK Clinician Scientist

§Joint senior authors.

Background: Patients' self-reported questionnaires measuring symptoms, functioning and quality of life (QOL) can help physicians to screen and monitor patient problems in oncology practice. Although many self-reported questionnaires have been developed, their role in clinical practice remains unclear. This study explores what oncologists and patients need from QOL questionnaires, what their clinical value is and generates recommendations how to improve the questionnaires for use in oncology practice.

Methods: Focus groups were conducted in the Leeds Cancer Centre (St James's and Cookridge hospitals, UK), with 31 patients (9 groups) and 16 oncologists (4 groups). Twenty patients completed a questionnaire. Framework analysis was employed for the analysis.

Results: Patients and physicians wanted the questionnaires to cover: common symptoms and problems (e.g. pain, fatigue), disease and treatment-specific issues (common for patients with similar diagnosis and/or treatment), individual patient-specific issues (usually non-physical, e.g.

## Development of "trigger tapes" Common and typical clinical scenarios

- Patient with multiple physical symptoms and emotional distress
  - Help prioritise and structure the consultation
- Patient with depression
  - Management of depression
- Patient with physical symptoms limiting work and family
  - Detect functional problems
- Patient responding to treatmen doing well
  - Make consultation more efficient







## Content and supporting material

- Training session 3 hours
- Didactic overview (evidence base 15 mins)
- Review and discussion of PROs graphs
- Interactive session
  - Review of specific "trigger tapes"
  - Clinical information presented
  - PRO data presented what does this add?
  - View DVD clips
  - How PRO data was used by doctor
  - Feedback from the patient actor on value of PRO data







#### Patient

· Pauline Barker- 70 year old woman with stage 3C ovarian cancer (papillary serous histology)

#### Clinical summary

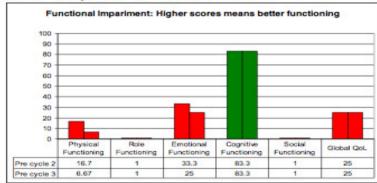
- Presented with subacute bowel obstruction
- Underwent defunctioning ileostomy formation and multiple biopsies, which confirmed histological type. The patient has experienced post-operative problems with high output stoma
- Commenced on palliative chemotherapy with single agent carboplatin
- CA125 which was initially >3000 is improving. The last result was 2640 after cycle 1
- · No problems with neutropenia or thrombocytopenia so far but she is becoming anaemic
- Attending clinic today for review prior to 3rd cycle of chemotherapy

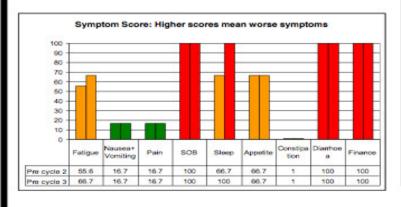
#### Social summary

- Married. Lives with elderly husband who is 77 years of age, who is recovering from abdominal surgery
- Has a district nurse that visit regularly
- · 3 adult children, none live locally

#### Patient reported data

Green= mild yellow = moderate red = severe



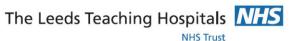




#### Key learning points from simulated consultation

#### The patient reported data:

- helped to give structure and focus to the consultation
- provided the doctor with a quick route to key issues
- lead to a more holistic approach to patient care
- allowed the doctor to acknowledge that the patient was experiencing a lot of problems but that everything could not be 'fixed' in one consultation





## Discussion of the case

- Interpretation of PRO scores
- DVD clip
- How HRQOL was included
- How did it contribute?

https://youtu.be/1SorGQev\_Hs\_clip 2







## Small pilot study using Before- After design

#### BEFORE TRAINING

30 patients completed quality of life questionnaires (touch screen)

Results **printed out** and given to doctor

**Consultations recorded** 

**Content analysis performed** 



Doctor attended training session



#### AFTER

#### **TRAINING**

30 patients completed quality of life questionnaires (touch screen)

Results **printed out** and given to doctor

**Consultations recorded** 

**Content analysis performed** 







## Results - Content Analysis

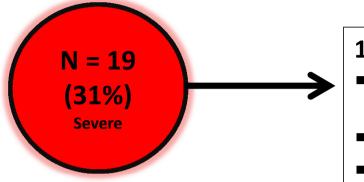
- The questionnaire was explicitly referred to in more consultations in the post-training phase (48% vs 77%, p < 0.05).</li>
- The mean number of discussed cancer symptoms did not differ (3.81 vs 4.27, p = 0.24)
- The mean number of functions discussed did differ (2.23 vs 2.90, p < 0.05).</li>
- Specifically
  - Physical functioning (61% vs 87%, p < 0.05)</li>
  - Pain (52% vs 87%, p < 0.05).</li>





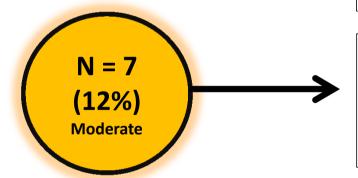


Results - Levels of emotional distress and actions



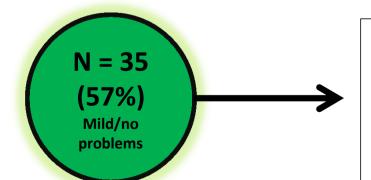
#### 13 breast and 6 gynae patients

- ED raised in 13 consultations (68.4%)
  - Initiated by doctor in 9/13 cases
- 5 referrals to specialist support offered
- 1 prescription for diazepam



#### 3 breast, 3 gynae and 1 colorectal patient

- ED raised in 3 consultations (42.9%)
  - Initiated by doctor in 1/3 cases
- No actions/referrals



#### 4 breast, 11 gynae and 20 colorectal patients

- ED raised in 9 consultations (25.7%)
  - Initiated by doctor in 1/9 cases
- Complementary therapist recommended to one patient







### What have we learned?

- Worked examples and scenarios are great but time consuming
- Brief but focused training and support
- How to access the data (Written instructions/pocket cards)
- How to interpret the graphs
- Refer explicitly to PROs
- Invite patient to explain
- Discuss and act
- Guidelines and referral pathways





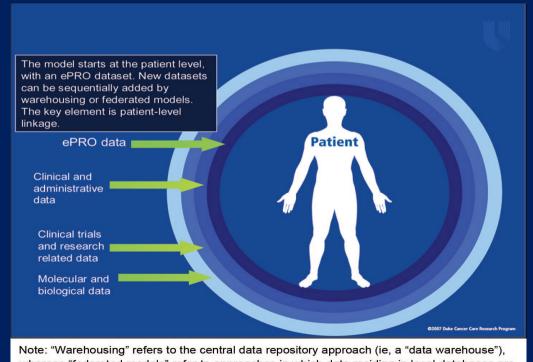


## Outline

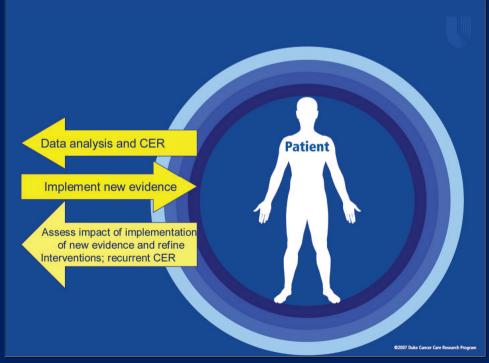
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# Rapid learning healthcare model (Abernethy A, 2003)

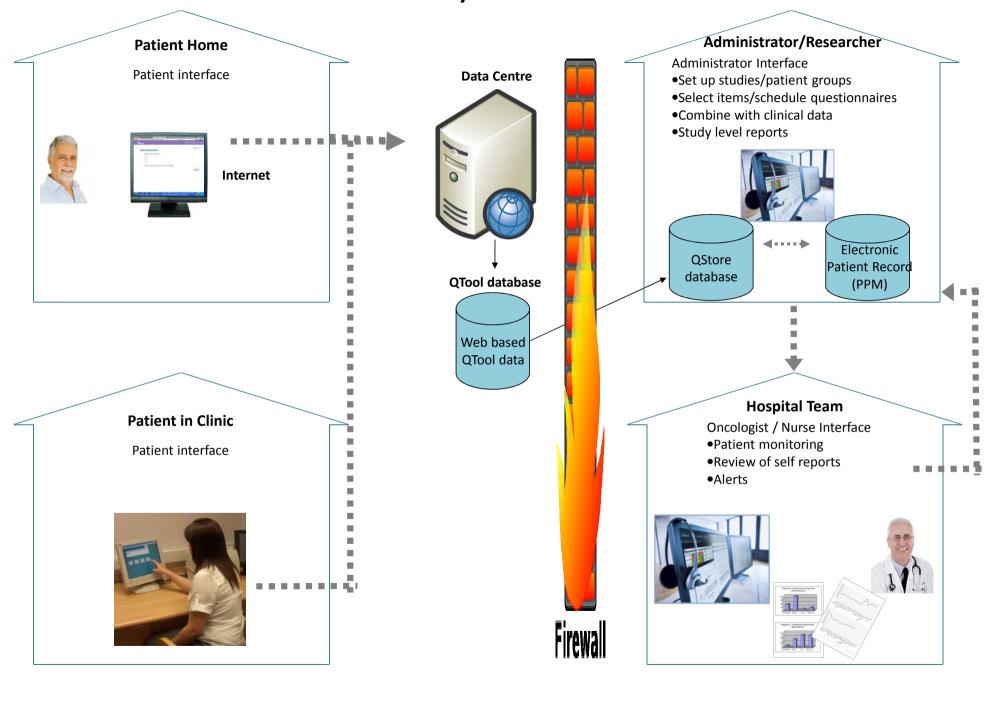
- Integration of ePROs into clinical care
- By patient-level linkage of clinical and administrative databases



Note: "Warehousing" refers to the central data repository approach (ie, a "data warehouse"), whereas "federated models" refer to approaches in which data residing in local databases are linked to one another through various means.



#### eRAPID System Overview



## Current projects

- eRAPID Adverse events/Toxicity monitoring during cancer treatment
  - NIHR funded research development programme
- Holistic Needs Assessment by nurses
  - Service development
  - Distress Thermometer





#### HOME

MANAGING CANCER SYMPTOMS AND TREATMENT SIDE EFFECTS

KEEPING HEALTHY DURING CANCER TREATMENT

COPING WITH CANCER AND YOUR TREATMENT

Welcome to the home page of the University of Leeds and Leeds Teaching Hospitals, eRAPID research project funded by a National Institute for Health Research (NIHR) Programme Development Grant (RP-DG-1209-10031).

eRAPID stands for "Electronic patient self-Reporting of Adverse-events: Patient Information and aDvice".

The aim is to develop an integrated web-system for patients to report symptoms and side effects during and after cancer treatment. Data that is reported by patients using the web-system (called QTool) will be documented in individual patient electronic health records. Where patients report mild side effects they will receive advice on how to manage them and to seek timely medical advice. Where patients report serious side effects, a system of alerts will be sent to clinicians.

eRAPID presents independent research funded by the National Institute for Health Research (NIHR) under its Programme Development Grants scheme (RP-DG-1209-10031). The views expressed on this website are those of the author(s) and not necessarily those of the NHS, the NIHR or the Department of Health.

www.nihr.ac.uk

If you have any queries regarding the content of this website, please contact The Psychosocial and Clinical Practice Research Group (POG) on (0113) 20 67628.



Click here to complete **eRAPID** questionnaires





#### eRAPID demo questionnaire

Page 1 of 6

Have you had pain or discomfort anywhere on your body?

O No

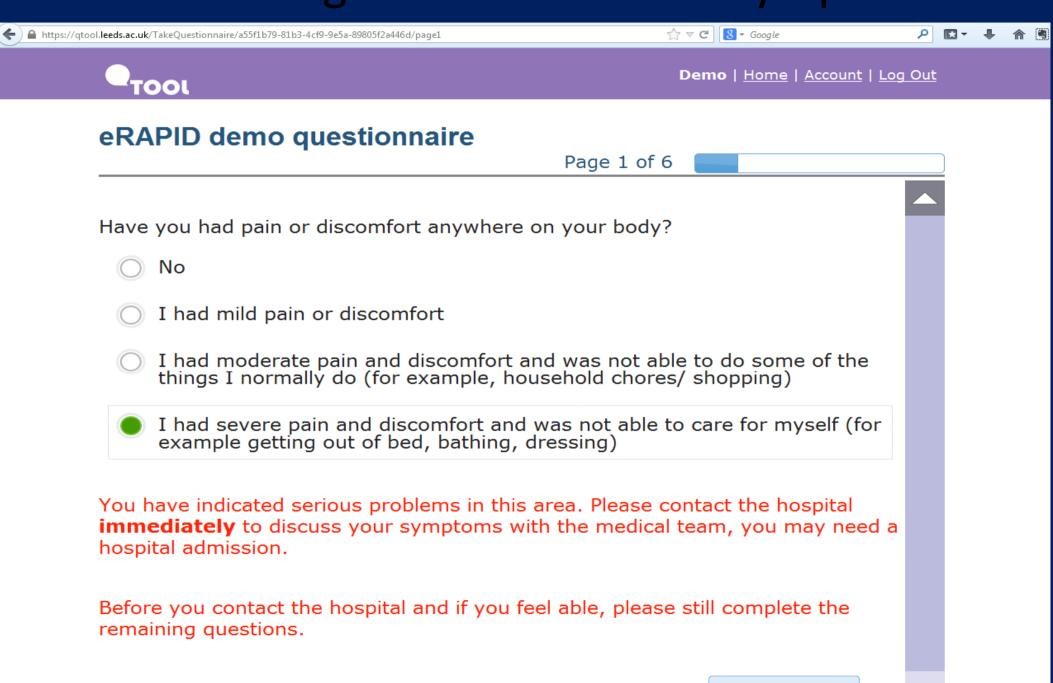
I had mild pain or discomfort

 I had moderate pain and discomfort and was not able to do some of the things I normally do (for example, household chores/ shopping)

 I had severe pain and discomfort and was not able to care for myself (for example getting out of bed, bathing, dressing)

**Next page** 

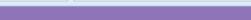
## Generating Alerts for Severe Symptoms



**Next page** 

## Automated Advice for Mild Symptoms





Demo | Home | Account | Log Out

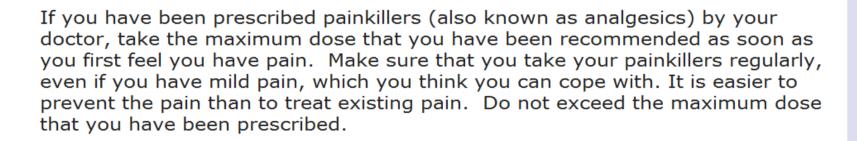
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#### eRAPID demo questionnaire

Page 6 of 6

#### For your Pain:



If you haven't been prescribed any painkillers by your doctor and you have mild pain, there are certain painkillers that you can take which can be bought without a prescription. Painkillers suitable for mild pain include:

■ Paracetamol

#### *■Ibuprofen*

Take the dose that is advised by the pharmacist or indicated on the drug information as soon as you feel that you first have pain. Make sure that you take

## Link to the eRAPID Website for



















#### MANAGING CANCER SYMPTOMS AND TREATMENT SIDE EFFECTS

Feeling Or Being Sick

Pain, Aches And Discomfort

Diarrhoea

Constipation

Sore Mouth

Lack Of Appetite

Temperature / Chills

Shortness Of Breath

Fatique

Difficulty Sleeping

Numbness In Hands And Feet

Low Mood

Anxiety

KEEPING HEALTHY DURING CANCER TREATMENT

COPING WITH CANCER AND YOUR TREATMENT

#### Pain, Aches and Discomfort

Pain is a very personal experience and nobody else can understand exactly how you feel when you have pain. This means you are actually the most important person in making sure your pain is kept under control as you are the one who can tell your medical team how it feels, what makes it worse, when it gets better and what it prevents you from doing. Even if you have only mild pain or discomfort which you think you can cope with, if it isn't managed quickly sometimes it can become very difficult to control. Having pain can make things harder for you, both emotionally and physically. If your pain is well controlled you should enjoy a better overall quality of life.

#### Medication

If you have been prescribed painkillers (also known as analgesics) by your doctor, take the dose that you have been recommended as soon as you first feel you have pain. Even if you have only mild pain or discomfort which you think you can cope with, make sure that you take painkillers as it is easier to prevent pain than to treat existing pain. Do not exceed the maximum daily dose that you have been prescribed.

If you have pain but haven't been prescribed any painkillers, there are certain painkillers that you can take which can be bought without a prescription. Painkillers suitable for mild pain include:



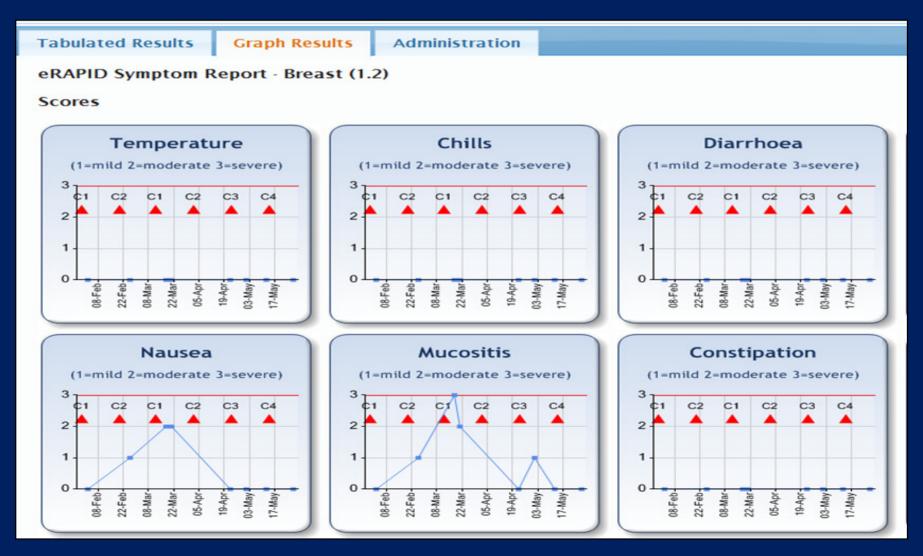


Click here to complete **eRAPID** questionnaires

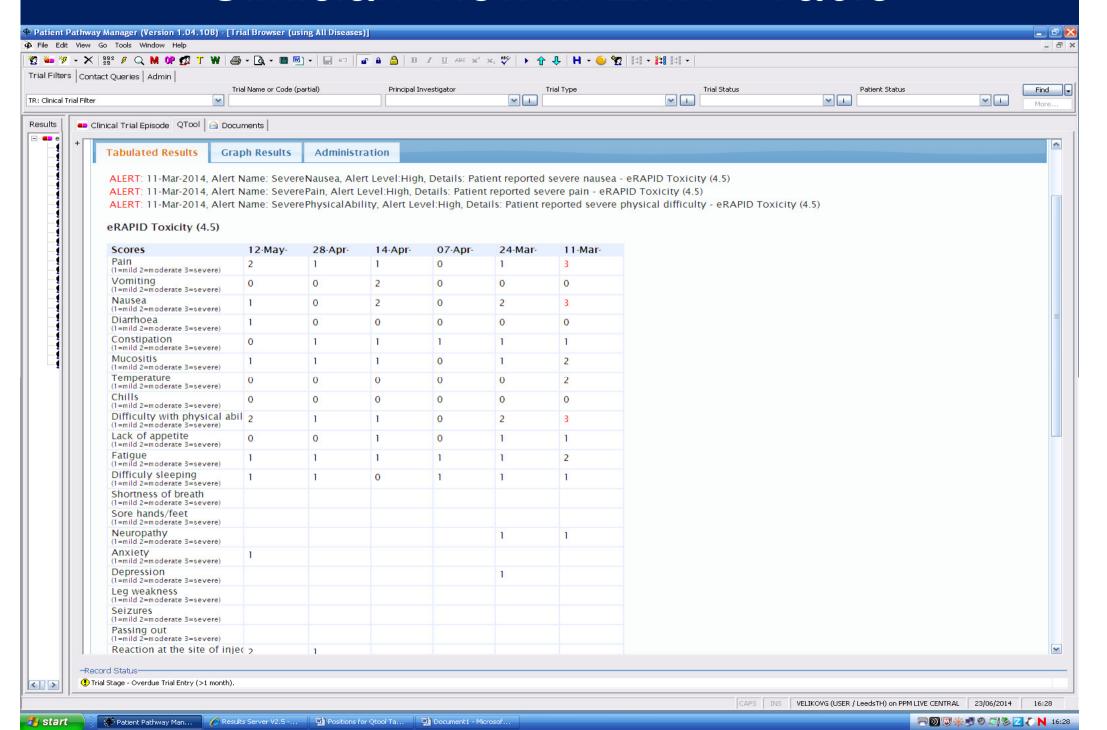


# Clinician view EHR- graphs

Integration with Electronic Patient records in real time



### Clinician View in EHR - Table



Baseline visit (during routine outpatient /day-case visits)

systemic treatment for breast, colorectal or eRAPID intervention complete baseline study information measures, randomisation to either eRAPID Receive eRAPID training Longitudinal completion of eRAPID symptom/AE Questionnaire from home during treatment Intervention or Usual Care gynaecological cancer given consent obtained, Patients approached, Key Informed Patients receiving eRAPID AE symptom questionnaire completed Usual Care weekly/when experiencing symptoms Completion of QOL, Use of Resources forms, on paper at baseline then 6, 12, and 18 weeks from randomisation Endpoints and analysis

- Patient recruitment rates, attrition over time; proportion of missing data
- Use of resources- providing patient reports of hospital contacts, community health care contacts, medication and additional expenses incurred
- Patient reported outcomes- QOL: FACT-G, EORTC QLQ-C30 (Role and Social function scales), EQ-5D, measures of selfefficacy and patient activation
- Clinical process measures- hospital contacts, alerts and hospital admissions, readmissions (with reasons), changes to supportive medications and chemotherapy dose changes, contacts with GP/community services will be extracted from hospital records





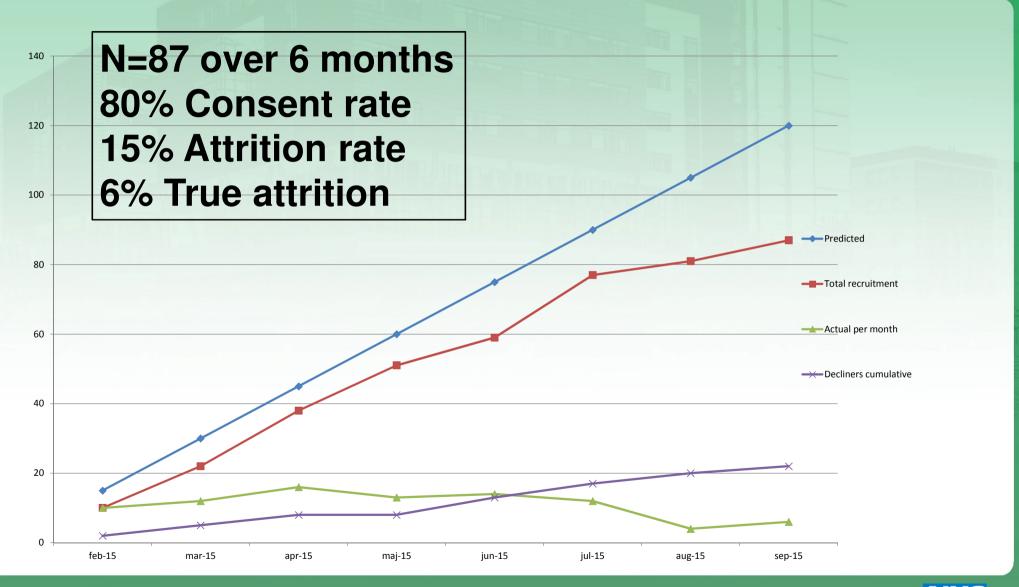
participants,

study interviews/questionnaires with

ਰ End carers and staff

decliners,

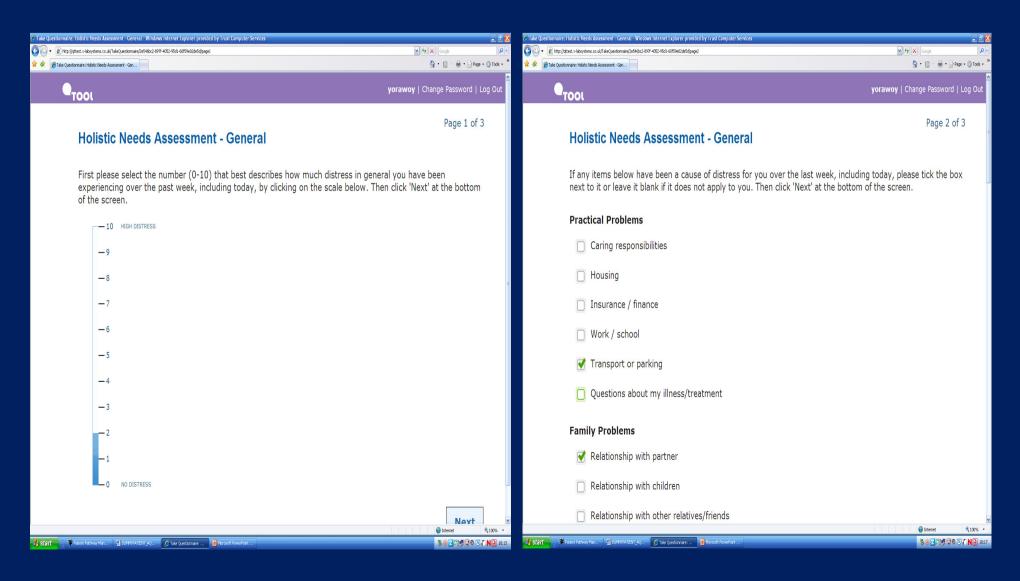
#### Recruitment to the Internal Pilot

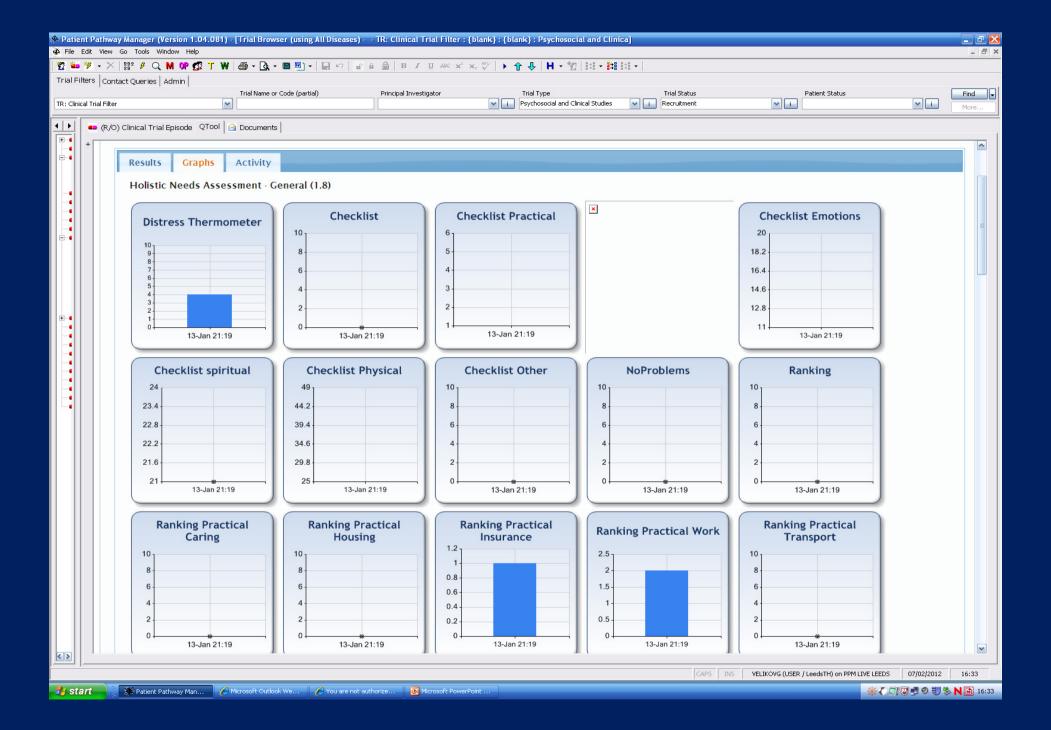






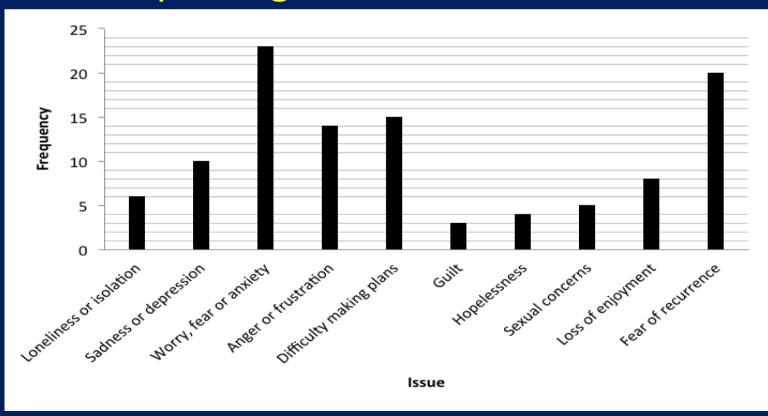
## Service Development with Nurses Holistic Needs Assessment Distress Thermometer





# Nurse-led Prostate cancer clinic over 8 months 88/136 patients (65%)

### Reporting of Emotional Problems



# Implementation

Original Contribution

#### Review of Electronic Patient-Reported Outcomes Systems Used in Cancer Clinical Care

By Roxanne E. Jensen, PhD, Claire F. Snyder, PhD, Amy P. Abernethy, MD, Ethan Basch, MD, Arnold L. Potosky, PhD, Aaron C. Roberts, Deena R. Loeffler, MA, and Bryce B. Reeve, PhD

Lombardi Comprehensive Cancer Center, Georgetown University Medical Center, Washington, DC; The Johns Hopkins University School of Medicine and the Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins, Baltimore, MD; Duke

- 33 unique systems used in cancer practice
- Treatment-Centered n=8
- Patient –Centered n=19
- No consensus on administration, integration, results reporting
- Integration with EHRs

# Implementation - Denmark

Qual Life Res (2016) 25:525-534 DOI 10.1007/s11136-015-1207-0



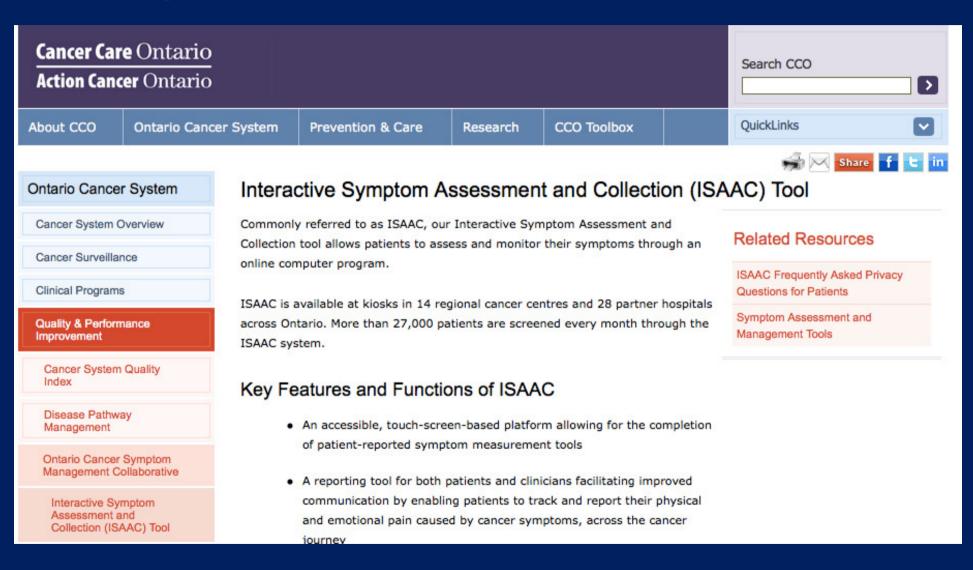
SPECIAL SECTION: PROS IN NON-STANDARD SETTINGS (BY INVITATION ONLY)

AmbuFlex: tele-patient-reported outcomes (telePRO) as the basis for follow-up in chronic and malignant diseases

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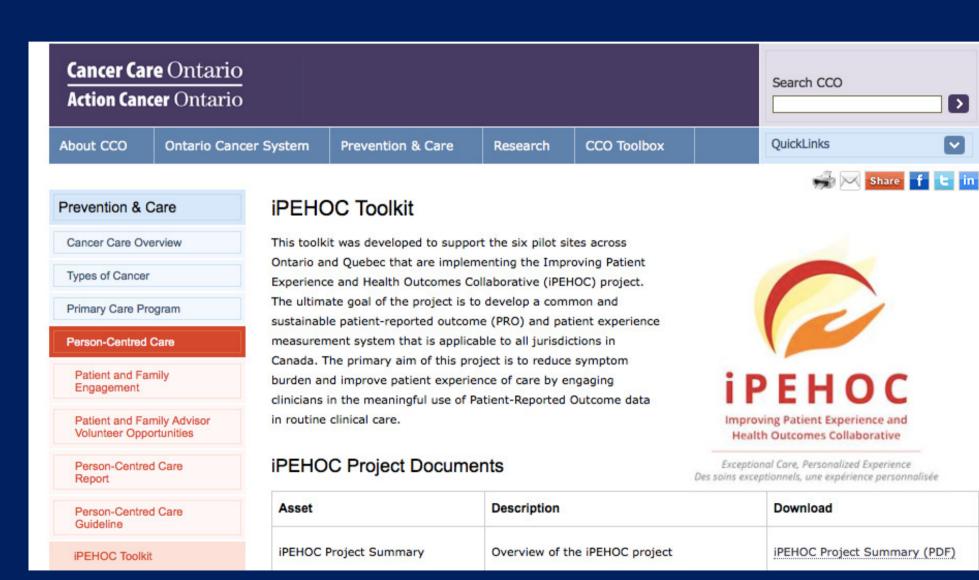
- PRO data collection, decision algorithm, graphical overview
- 9 diagnostic groups
- >13,000 completions

# Implementation- Canada



# Implementation- Canada

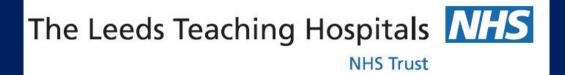
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# How to increase the impact

- Online/ Mobile reporting by patients
- Integration of PROs data with Electronic Health Records
- Training professionals how to respond to PROs data (physicians and nurses)
- Evaluation and Health economics
- Whole system perspective Integrated care pathways
  - Referral pathways based on patient self-reports
- Organizational changes
- Online Toolkits





### Acknowledgements

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# Example of training scenario

#### Scenario 3 – Ms Jane Roberts

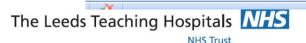
Jane Roberts: 45 year old woman with metastatic breast cancer

#### Breast cancer history

- 1. Diagnosed with metastatic breast cancer 2 years ago. Triple receptor negative disease.
- 2. Has received 2 lines of palliative chemotherapy
- Presented with discomfort in right hip. Restaging with a CT scan and bone scan revealed progressive bone disease. Started on further palliative chemotherapy with ECF
- 4. Attends for review prior to second cycle of chemotherapy

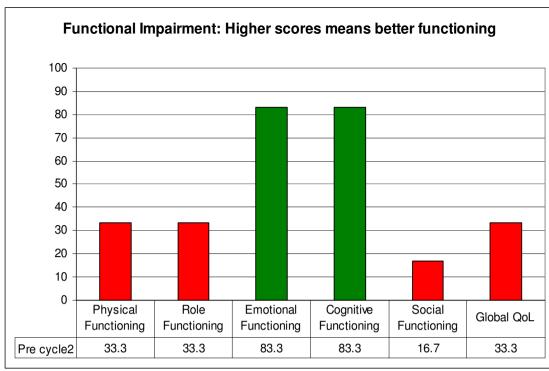
#### Social Background

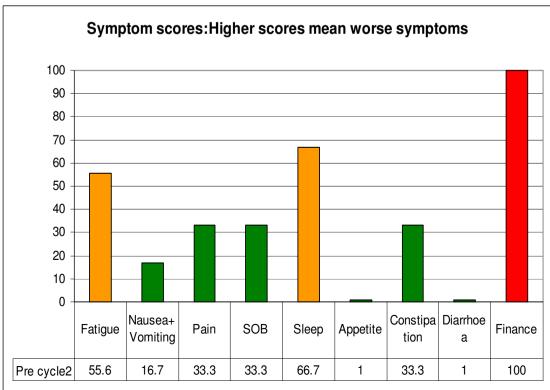
- Single parent. Has a daughter currently studying for A-levels
- Had been working as a part time dinner lady in a primary school
- · On sick leave since starting ECF chemotherapy

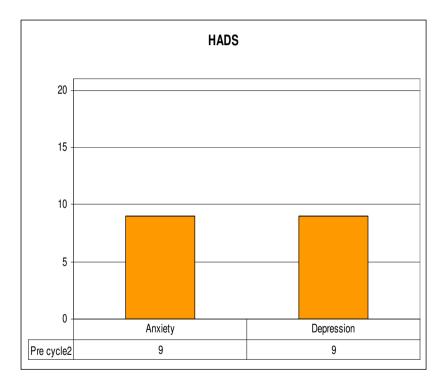












### Discussion of the case

- Interpretation of HRQOL scores
- DVD clip
- How HRQOL was included
- How did it contribute?

https://youtu.be/1SorGQev\_Hs\_clip 2





